

WEEK ONE

WINTER / SPRING 2019

Organic yoghurt, fruit selection, cheese and crackers available daily. Included in your £2.10 are freshly baked bread and self serve salad bar.

Week Commencing: 29/10/18, 12/11/18, 26/11/18, 10/12/18, 31/12/18, 14/01/19, 28/01/19, 11/02/19, 04/03/19, 18/03/19, 01/04/19.

Monday

Chicken Wrap with Oven Baked Potato Balls
 Quorn Dipper Wrap with Oven Baked Potato Balls (V)
 Jacket Potato with Cheese (V) or Baked Beans (V)
 Ham or Cheese (V) Roll

Sides
 Baked Beans
 Sweetcorn

Dessert
 Apple Crumble & Reduced Sugar Custard

Tuesday

Farmhouse Cottage Pie
 Cheese & Tomato Quiche with Oven Baked Potato Wedges (V)
 Jacket Potato with Coleslaw (V) or Tuna Sweetcorn Mayo
 Chicken or Cheese (V) Roll

Sides
 Mixed Vegetables
 Help Yourself Salad Bar

Dessert
 Chocolate Beet Slice

Wednesday

Roast Chicken & Yorkshire Pudding with Oven Baked Roast Potatoes
 Roast Quorn & Yorkshire Pudding with Oven Baked Roast Potatoes (V)
 Jacket Potato with Cheese (V) or Baked Beans (V)
 Tuna Mayo Roll or Egg Salad (V) Roll

Sides
 Cabbage
 Sliced Carrots

Dessert
 Fruit Jelly

Thursday

Quorn Bolognese with Pasta & Garlic Bread (V)
 Vegetable Lasagne with Garlic Bread (V)
 Jacket Potato with Coleslaw (V) or Quorn Bolognese (V)
 Chicken or Cheese (V) Roll

Sides
 Sweetcorn
 Help Yourself Salad Bar

Dessert
 Carrot & Sultana Slice & Reduced Sugar Custard

Friday

Fish Fillet with Oven Baked Chips
 Quorn Dippers with Oven Baked Chips (V)
 Jacket Potato with Cheese (V) or Tuna Mayo
 Tuna Mayo Roll or Egg Salad (V) Roll

Sides
 Peas
 Baked Beans

Dessert
 Fruity Oat Bar

WEEK TWO

Still Only £2.10 for a two course meal.

Week Commencing: 05/11/18, 19/11/18, 03/12/18, 17/12/18, 07/01/19, 21/01/19, 04/02/19, 25/02/19, 11/03/19, 25/03/19.

Monday

Sausages with Mashed Potato & Onion Gravy
 Vegetable Sausages with Mashed Potato & Onion Gravy (V)
 Jacket Potato with Cheese (V) or Baked Beans (V)
 Ham or Cheese (V) Roll

Sides
 Peas
 Baked Beans

Dessert
 Apple Crumble & Reduced Sugar Custard

Tuesday

BBQ Jerk Chicken with Rice
 Macaroni Cheese (V)
 Jacket Potato with Coleslaw (V) or Tuna Sweetcorn Mayo
 Chicken or Cheese (V) Roll

Sides
 Sweetcorn
 Broccoli

Dessert
 Chocolate Beet Slice

Wednesday

Roast Beef & Yorkshire Pudding with Oven Baked Roast Potatoes
 Roast Quorn & Yorkshire Pudding with Oven Baked Roast Potatoes (V)
 Jacket Potato with Cheese (V) or Baked Beans (V)
 Tuna Mayo Roll or Egg Salad (V) Roll

Sides
 Cabbage
 Sliced Carrots

Dessert
 Fruit Jelly

Thursday

Tomato Pasta with Garlic Bread (V)
 Stand & Stuff Quorn Chilli Tortilla Boats with Rice (V)
 Jacket Potato with Coleslaw (V) or Quorn Chilli (V)
 Chicken or Cheese (V) Roll

Sides
 Sweetcorn
 Help Yourself Salad Bar

Dessert
 Carrot & Sultana Sponge with Reduced Sugar Custard

Friday

Fish Fingers with Oven Baked Chips
 Vegetable & Cheese Bake with Oven Baked Chips (V)
 Jacket Potato with Cheese (V) or Tuna Mayo
 Tuna Mayo Roll or Egg Salad (V) Roll

Sides
 Peas
 Baked Beans

Dessert
 Fruity Oat Bar

(V) - Vegetarian

Halal options are served at the majority of our schools, please ask your school for more details. There are no nuts in any of our dishes. This menu may be subject to change.