

E-safety



What is E- safety?

E-safety is the safe use of information systems and electronic communications, including the internet, mobile phones and games consoles. It is important that children and young people understand the benefits, risks and responsibilities of using information technology.

- e-safety concerns safeguarding children and young people in the digital world.
- e-safety emphasises learning to understand and use new technologies in a positive way.
- e-safety is less about restriction and more about education about the risks as well as the benefits so we can feel confident online.
- e-safety is concerned with supporting children and young people to develop safer online behaviours both in and out of school. [School E-Safety Policy](#)

Using the Internet safely at home

Whilst many Internet Service Providers (ISPs) offer filtering systems to help you safeguard your child at home, it remains surprisingly easy for children to access inappropriate material including unsuitable texts, pictures and movies. Parents are advised to set the security levels within Internet browsers with this in mind. Locating the computer or tablet in a family area, not a bedroom, will enable you to supervise children as they use the Internet. However, don't deny your child the opportunity to learn from the wide variety of material and games available on the Internet. Instead, set some simple rules for keeping them safe and make sure they understand the importance of these rules. [Parental Control](#)

Simple rules for keeping your child safe at home

To keep your child safe they should:

- Ask permission before using the Internet
- Only use websites you have chosen together or a child friendly search engine.
- Only email people they know (why not consider setting up an address book?)
- Ask permission before opening an email sent by someone they don't know
- Do not use Internet chat rooms
- Do not use their real name when using games on the Internet (create a nick name)
- Never give out a home address, phone or mobile number
- Never tell someone where they go to school
- Never arrange to meet someone they have 'met' on the Internet
- Only use a webcam with people they know
- Ask them to tell you immediately if they see anything they are unhappy with.

Talking to your children about staying safe online

At John Perry we regularly use our PSHE lessons to remind your children about the importance of staying safe online on their tablet/phone etc so we advise reading [How to protect your child on their smartphone.](#)
[Digital Parenting Tips](#) (Vodafone)

Gaming

Things you can do to keep your child safe online: [Age Restrictions](#)

- check your parental controls on your PC to stop them accessing inappropriate material;
- accessing games on a console or tablet? Here's how to set parental controls: Ask About Games
- have a conversation, discuss sites and apps together, talk about any concerns they may have;
- talk about personal information and what not to share online;
- is your child accessing social networks? Most of these have an age limit of 13+, check the content and age limits of what they are accessing here: [NetAware](#)
- Is your child playing computer games, check the age limit here: [Netaware](#)
- [Fortnight](#) know the risks

Other Resources:

[NSPCC Website](#)

[Ofsted online safety Webinar](#)

[Live my digital](#)

[Ceop Video 5-7 years old](#)

[Jigsaw Video 9-10 year old](#)

[National Online Safety](#)