

## Summer/Autumn Menu 2019 John Perry

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b><u>Main Option</u></b>	BBQ Jerk Chicken/Halal BBQ Jerk Chicken with Savoury rice	Pork Sausage /Halal Chicken Sausage & Gravy with Mashed Potato	Roast Chicken /Halal Chicken & Yorkshire Pudding with Roast Potatoes	Tomato Pasta Bake with Roasted Vegetables	Fish Fingers with Oven Baked Chips & Tomato Sauce
<b><u>Vegetarian Option</u></b>	Macaroni Cheese with Garlic Bread	Quorn Sausages & Gravy with Mashed Potato	Roast Quorn & Yorkshire Pudding with Roast Potatoes	Quorn Chilli with Potato Crispers	Quorn Dippers with Oven Baked Chips & Tomato Sauce
<b><u>Vegetables</u></b>	Help Yourself Salad Bar Sweetcorn	Peas Baked Beans	Broccoli Sliced Carrots	Sweetcorn Help Yourself Salad Bar	Peas Baked Beans
<b><u>Dessert of the Day</u></b>	Frozen Yogurt	Reduced Sugar Strawberry Mousse	Strawberry Fruit Jelly	Reduced Sugar Apple Crumble & Custard	Fruit Cocktail
<b><u>Standard Desserts</u></b>	Fresh Fruit Platter or Cheese & Crackers	Fresh Fruit Platter or Raisins	Fresh Fruit Platter or Fruit Yogurt	Fresh Fruit Platter or Raisins	Fresh Fruit Platter or Cheese & Crackers
<b><u>Jacket Potato Bar</u></b>	Cheese Baked Beans	Cheese Tuna Mayo	Cheese Baked Beans	Baked Beans Quorn Chilli	Cheese Tuna Mayo
<b><u>Cold Option</u></b>	Ham or Cheese Roll	Chicken or Egg Roll	Tinned Salmon or Cheese Roll	Ham or Cheese Roll	Tuna Mayo or Egg Roll
<b><u>Salad Bar</u></b>	Choice of Seasonal Salads (allergy free)	Choice of Seasonal Salads (allergy free)	Choice of Seasonal Salads (allergy free)	Choice of Seasonal Salads (allergy free)	Choice of Seasonal Salads (allergy free)
<b><u>Bread</u></b>	Organic Bread Basket	Organic Bread Basket	Organic Bread Basket	Organic Bread Basket	Organic Bread Basket