

Parents

Our themes for this term is: **All About Me and Senses**

Our activities include:

- Drawing people and faces
- Making clay/dough models of faces and people
- Hand stick puppet
- Hand and finger prints
- Activities involving the senses e.g. a listening walk, tasting and smelling activities, touch-making and playing with slime and gloop.
- Finding out about ourselves as babies.
- Being healthy – exercise and a Healthy Eating Week.



How you can help at home:

- Talk with your child about what they were like as a baby.
- Look at their baby photos and events such as their birthdays.
- This helps them to develop a sense of their own past.
- Talk about healthy foods when shopping. Encourage them to smell, feel and taste new foods and eat fruit and vegetables.
- Encourage them to listen to sounds e.g. when in the garden or park.
- Play games like Simon Says to help with the names of body parts (if they already know the main parts use words such as knuckles, eyelash, ankle etc.).
- Sing songs like Head, Shoulders, Knees and Toes.
- Continue to encourage them to recite numbers and count objects e.g. count body parts such as ears, fingers and toes.

