

JOHN PERRY

# LUNCH MENU

MAGICAL MONDAY

TASTY TUESDAY

WACKY WEDNESDAY

THUMBS UP THURSDAY

FAB FRIDAY

SUMMER/AUTUMN 2020



## week 1

ITALIAN PASTA BOLOGNAISE  
 ITALIAN TOMATO AND BASIL PASTA  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR ITALIAN BOLOGNAISE  
 GARLIC DOUGH BALLS, SWEETCORN  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 YOGURT  
 TUNA/HAM & CUCUMBER IN WRAP

ALL-DAY BREAKFAST (SAUSAGE/SCRAMBLED EGG/HASH BROWN/BAKED BEANS)  
 VEGETARIAN BREAKFAST (VEGAN SAUSAGE/HASH BROWN/BAKED BEANS)  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 CHEESE CRACKERS  
 APPLE CRUMBLE  
 HAM/CHEESE & TOMATO IN HALF A BAGUETTE

WINNER WINNER ROAST CHICKEN DINNER WITH YORKSHIRE PUDDING WITH GRAVY  
 QUORN ROAST  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 ROAST POTATOES, CARROTS, BROCCOLI  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 FRUIT JELLY POTS  
 EGG MAYONNAISE & CRESS OR  
 CHEESE & ONION IN HALF A BAGUETTE

PIRI PIRI CHICKEN VEGETABLE & LENTIL CURRY  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE OR VEGETABLE & LENTIL CURRY  
 SPICY RICE, PEAS, CRUNCHY COLESLAW  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 YOGURT  
 FRUIT JELLY POTS  
 CHICKEN & COLESLAW OR SALMON & CUCUMBER IN HALF A BAGUETTE

TEMPURA BATTERED FISH WITH A LEMON SLICE  
 QUORN NUGGETS  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 CHIPPED POTATOES, GARDEN PEAS, BAKED BEANS  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 CHEESE & CRACKERS  
 BEETROOT BROWNIE  
 TUNA & MAYO LETTUCE OR EGG & MAYO LETTUCE IN A WRAP

## week 2

DEEP FILLED LASAGNE  
 MEDITERRANEAN VEGETABLE LASAGNE  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 SWEETCORN, GARLIC BREAD  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 MINI FRUIT BAR  
 FRUIT COCKTAIL & MELON  
 TUNA & CUCUMBER OR HAM & CUCUMBER IN HALF A BAGUETTE

HOT & KICKING BBQ CHICKEN  
 VEGGIE JAMBALAYA  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 RICE AND PEAS, CORN ON THE COB  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 MINI FRUIT BAR  
 YOGURT  
 TUNA & CUCUMBER OR HAM & CUCUMBER IN WRAP

ROAST TURKEY DINNER WITH YORKSHIRE PUDDING  
 QUORN ROAST  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 ROAST POTATOES, MIXED VEGETABLES  
 UNLIMITED SEASONAL SALAD

FRUIT YOGHURT  
 ORANGY DRIZZLE LOAF  
 EGG MAYONNAISE & CRESS OR  
 CHEESE & ONION IN A CRUSTY ROLL

MACARONI CHEESE  
 VEGGIE SAUSAGE ROLL  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 SWEET POTATO WEDGES, COLESLAW/SWEETCORN  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 FRUIT COCKTAIL & MELON  
 CHICKEN & COLESLAW OR SALMON & CUCUMBER IN HALF A BAGUETTE

SALMON FISH FINGERS  
 QUORN NUGGETS  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 CHIPS, GARDEN PEAS, BAKED BEANS  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 CHEESE & CRACKERS  
 GINGER BREAD MEN BISCUITS  
 TUNA & MAYO LETTUCE OR EGG & MAYO LETTUCE IN WRAP

## week 3

CHICKEN IN A WRAP  
 VEGGIE CHILLI  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHILLI  
 MIXED VEGETABLES, SUNSHINE RICE  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 CHEESE & CRACKERS  
 MANGO SMOOTHIE  
 CHEESE & COLESLAW OR HAM & TOMATO IN A WRAP

CHEESE FLAN  
 TOMATO PASTA  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 SWEETCORN  
 SPAGHETTI HOOPS  
 POTATO CURLS

SEASONAL FRESH FRUIT  
 REDUCED SUGAR STRAWBERRY MOUSSE  
 CHEESE & TOMATO OR HAM & TOMATO IN HALF A BAGUETTE

ROAST CHICKEN DINNER WITH YORKSHIRE PUDDING & GRAVY  
 QUORN ROAST  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 ROAST POTATOES, GREEN BEANS, SLICED CARROTS  
 UNLIMITED SEASONAL SALAD

FRUIT YOGHURT  
 APPLE & SULTANA FLAPJACK  
 EGG MAYONNAISE & CRESS OR  
 CHEESE & ONION IN A HALF A BAGUETTE

CHICKEN CHIMICHANGAS  
 VEGGIE CHIMICHANGAS  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 MIXED SALAD, SWEETCORN, SPICY RICE  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 MINI FRUIT BAR  
 FRUIT JELLY POTS  
 CHICKEN & COLESLAW OR SALMON & CUCUMBER IN HALF A BAGUETTE

FISH FINGERS  
 VEGGIE FINGERS  
 HOT FILLED JACKET POTATO WITH BAKED BEANS OR CHEESE  
 CHIPS, GARDEN PEAS, BAKED BEANS  
 UNLIMITED SEASONAL SALAD

SEASONAL FRESH FRUIT  
 CHEESE & CRACKERS  
 CARROT CAKE  
 TUNA & MAYO LETTUCE OR EGG & MAYO LETTUCE IN WRAP

HALAL OPTION AVAILABLE