

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Physical Development	Skills	<p>To take care of toileting needs independently. (Au1)</p> <p>To begin to show a preference for a dominant hand. (Au1)</p> <p>To climb apparatus safely. (Au1)</p> <p>To begin to show awareness of moving equipment safely with peers. (Au1)</p>	<p>To independently put on their coats, with some support for the zipper and buttons. (Au2)</p> <p>To copy dance moves and to move to different kinds of rhythms. (Au2)</p> <p>To use mark making resources with increasing independence. (Au2)</p>	<p>To learn about different fine motor activities, e.g. threading, cutting, using tools, holding a pencil, mark making, Dough Disco etc. (Sp1)</p> <p>To mark make in sensory trays and also copy different patterns. (Sp1)</p> <p>To mark make using a comfortable grip when using pencils and pens. (Sp1)</p> <p>To move in different ways, e.g. climbing, running, jumping etc. in order to develop gross motor skills. (Sp1)</p> <p>To hold jugs and containers confidently and pour from one container into another. (Sp1)</p> <p>To show awareness of healthy food choices and impact on our body. (Sp1)</p>	<p>To hold the pencil correctly using a tripod grip. (Sp2)</p> <p>To begin to form numbers and familiar letters, e.g. letters in their name. (Sp2)</p> <p>To look at books independently whilst turning pages one at a time. (Sp2)</p> <p>Using balancing apparatus. (Sp2)</p> <p>To mark make using a comfortable grip when using pencils and pens. (Sp2)</p>	<p>To hold the pencil confidently, using the tripod grip and forming letters and numbers mostly correctly. (Su1)</p> <p>To be able to use scissors confidently and make straight, zig zag and circular snips using one hand. (Su1)</p> <p>To run skilfully and be able to negotiate space. (Su1)</p> <p>To mark make using a comfortable grip when using pencils and pens. (Su1)</p>	<p>To be secure in holding the pencil, using the tripod grip and forming letters and numbers mostly independently. (Su2)</p> <p>To independently write their name. (Su2)</p> <p>To confidently use scissors and other tools safely. (Su2)</p> <p>To mark make using a comfortable grip when using pencils and pens. (Su2)</p>

	<p>Knowledge</p>	<p>To know about personal hygiene and the importance of being clean and tidy. (Au1)</p> <p>To know that washing hands is important after using the toilet and before we eat. (Au1)</p> <p>To know that books in English should be read from left to right and one page at a time. (Au1)</p> <p>To use alternate feet when climbing apparatus. (Au1)</p> <p>To show independence with eating and drinking, e.g. being able to feed self and ask for help with opening containers. (Au1)</p>	<p>To show confidence in dressing up and self-care activities. (Au2)</p> <p>To know how to move on different beats and rhythms e.g. slowly for slow music and fast on quicker beats. (Au2)</p> <p>To know how to use mark making resources effectively, e.g. how to use scissors to snip or how to use a paint brush to paint. (Au2)</p>	<p>To know what the different tools in the Nursery are and how to use them safely, e.g. scissors, mallets, pegs, hammers and pencils. (Sp1)</p> <p>To know that they need to use tools with a dominant hand. (Sp1)</p> <p>To be able to fill containers with different materials, e.g. sand, water etc and to show confidence in carrying them from one point to another without dropping. (Sp1)</p> <p>To know how to use the outdoor climbing frame as well as the bikes/scooters to move in different ways and safely. (Sp1)</p> <p>To know what making right food choices looks like. (Sp1)</p>	<p>To know that the pencil needs to be held comfortably and with one hand to form letters and numbers. (Sp2)</p> <p>To know how to use one handed tools effectively. (Sp2)</p> <p>To be able to follow a simple sequence of movements to music and rhythm. (Sp2)</p>	<p>To know the correct ways of forming letters. (Su1)</p> <p>To know that snips should be made on the line and the pattern should be followed. (Su1)</p> <p>To know how to feed paper/materials through hand when cutting around objects. (Su1)</p> <p>To be aware of obstacles whilst running, riding a scooter/bike etc and display some spatial awareness. (Su1)</p>	<p>To know how to hold the pencil correctly and also recognise and self-correct when they form letters incorrectly. (Su2)</p> <p>To successfully take part in group games with support from an adult. (Su2)</p> <p>To move confidently and safely in a range of ways, avoiding obstacles; running/ hopping/ skipping etc. (Su2)</p>
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				To show independence in self help skills such as toileting and dressing (Sp1)			
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