



What can I do to help my child at home?

Try to make sure that:

- Your child has a meal; either breakfast or lunch before arriving at school
- They go to bed early enough so that they don't have trouble getting up the next day
- Your child comes to school **every** day. If they are very unwell, please contact the school and inform us. **Coughs and mild colds should not keep children from school**
- They arrive on time to start school and are collected promptly at home time
- You do not take holidays during term time
- You encourage your child to take care of school books and return them each week
- You encourage independence by teaching your child to put their coat, shoes, socks etc. on for themselves and clean themselves after using the toilet

