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Online Safety Newsletter

Being Kind Online

If your child is online (for example playing games, using Snapchat, Instagram etc), then it's important that you talk to your child about being kind online, for example only posting positive comments, don't say anything they wouldn't say in real life and treat others as they would expect to be treated.

Your child also needs to be aware that what they see online isn't always the full picture. People only share what they want you to see and images are often filtered. It is also important that your child knows how to block and report any inappropriate behaviour when they see it.

BBC Own It have curated a collection of videos, quizzes, and tips to help make the web a kinder place: https://www.bbc.com/ownit/curations/being-kind-online

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Safer Internet Day 2024

Safer Internet Day is an annual global event dedicated to promoting the safe and responsible use of the internet, especially among young people. In this article, we'll explore what Safer Internet Day is all about, when it occurs, how you can participate, its history, and the importance of online safety.

What is Safer Internet Day?

Safer Internet Day (SID) is a worldwide initiative that aims to raise awareness about online safety and encourage individuals, especially children and teenagers, to use the internet responsibly. The day focuses on fostering a safer online environment through education, dialogue, and advocacy.

When Does Safer Internet Day Occur?

Safer Internet Day is celebrated on the second Tuesday of February each year. In 2024, it falls on February 6th. This date serves as a reminder to make the internet a safer place for everyone, particularly the younger generation who are growing up in a digital age.

The Importance of Online Safety

As our lives become more intertwined with the internet, the importance of online safety cannot be overstated.

Here are a few key reasons why online safety matters:

Protecting personal information, such as passwords and addresses, helps prevent identity theft and fraud.

Preventing Cyberbullying: Online safety measures can mitigate the risk of cyberbullying, ensuring that the internet remains a positive space for communication and learning.

Enhancing Digital Literacy: Educating individuals about online safety enhances their digital literacy, enabling them to navigate the online world confidently.

Dove Self-Esteem

Dove has a whole host of articles, videos and activities on their website as part of their self-esteem project, the aim of which is to boost the self-esteem of young people. The free resources are designed to help you communicate with your child on a variety of subjects including the effects of cyberbullying and social media.

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Talking regularly with your child can help keep them safe online. Making it part of daily conversation, like you would about their day at school, will help your child feel relaxed.

It also means when they do have any worries, they're more likely to come and speak to you.

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NSPCC Keeping children safe online

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