ARP Planning 2025 - 26 Pre- Formal and Semi Formal Explorers Planning

Topic	Autumn 1 My Family	Autumn 2 Stories and Rhymes	Spring 1 Colours and Light	Spring 2 The Forest	Summer 1 My Community	Summer 2 The Garden and Mini-Beasts
Cognition, Learning, communication and interaction (Literacy focus)	• Colourful semantics • Reading • Intensive interaction/Making bids for interaction • Communication boards/Key objects • Registration • Social stories • Phonics • Workstation/Layout • Mark making • Labelllng • Descriptive words • Emotions and feelings vocabulary • Key concepts • Following directions/instructions • Transistioning • Naming and recognising family members • Recgnising own name. • Reognising key characters from books/Rhymes		• Colourful semantics • Reading • Intensive interaction/Increasing bids for interaction • Communication boards/Requesting(supported) colours for activity • Now and next • Registration • Social stories • Phonics • Workstation/Layout matching • Mark making • Labelllng • Listening activities • Sequencing • Communicating preference • Simple role play • Awareness of routines • Participating in repetative rhymes and phrases • Follow simple instrutions • Colour names • Concepts light and dark • Recalling and joining in with repetitive parts of the text (e.g. in Owl Babies) • Beginning to explore story settings e.g. through recognising the forest, bedroom etc in pictures • Learn same names of uk forest animals (hand over item or picture) upon hearing it said • Begin to describe using simple adjectives (story characters/ forest items or photos), supported by language boards with symbols or core vocabulary board with fringe		• Colourful semantics • Reading • Intensive interaction/Persistance and distance • Communication boards/Requesting • Registration • Social stories • Workstation • Mark making • Labelllng • Requesting • Responding • Sequencing • Instructions • Lists • Visual schedules – photos/symbols • Choosing from pictorial menus and broachures • Place names, bank, park, café etc. • Naming plants and mini beasts • Listening to and matching garden sounds	
Cognition, Learning, communication and interaction (Numeracy focus)	• Using and applying • Recognising/ • Matching numerals up to 10 • Reognise quantities without counting. • Number bonds to 10. • 1-1 correspondence	• Recognising 2D shapes in the environment • Matching 2D shapes • Naming 2D shapes • Sorting 2D shapes by	• Using and applying • Sorting items by colour • Matching numerals up to 20 • 1-1 correspondence	• Counting items up to 10 or 20 • Matching coins • • Ordering by size • Days of the week • Months of the year	• Using and applying • Matching numerals up to 20 • 1-1 correspondence	• Using and applying • Colour matching • Counting forwards and backwards from 5 or 10

	• Number rhymes	various properties • Shape voculary • Exploring length • Recognising o'clock	• Adding and subtracting up to 10 • Repeating patterns • Matching activities • Measuring using non-standard units • Recognising one more/one less	• Time sequencing – now, next, before, after etc • Recognising ½ • Counting out a given number of forest themed counters up to five (e.g. sticks) •	• Adding and subtracting up to 10 • Repeating patterns • Big and small • Heavy and light • Money	• Sorting 2D and 3D shapes by various properties • Sharing items
Physical development	• Body awareness – proprioception • Coordinating a range of different movements • Negotiating space • Sensory Circuit • Swimming • Clever fingers	• Movement skills – under, over, around, through • Action songs • Dance • Sensory Circuit • Swimming • Clever fingers • Push and pull	• Balance and coordination – riding bikes/ trikes etc • Sensory Circuits • Swimming • Clever fingers • Threading • Kicking a ball. • Climbing stairs.	• Balance and coordination – climbing and balancing on equipment • Using cutlery • Sensory circuit • Swimming • Clever fingers • Drawing around leaves • Pulling seeds out of pinecones with pincer grip	• Coordinating a range of different movements • Pincer grip for picking up objects. • Sensory Circuits • Team games • Swimming • Puzzles • Clever fingers	• Athletic skills • Sports day activities • Sensory Circuits • Team games • Parachute games • Beach ball games • Swimming • Clever fingers
My World Around Me – Science and Humanities (Geography/History)	**Geography** • Being at home/Being at school **History** • Black History **Science** • naming and labelling body parts	**Geography** • Transition to home and school **History** • Remembrance Day **Science** • Exploring materials and messy play	**Geography** • Navagating different environments at home and school. **Science** • Exploring different sources of light, blocking out light to create darkness, shadow play with torches.	**Geography** • Navagating different environments in the wider community **Science** • Labelling the parts of a tree with symbols. • Reconstructing a segmented tree, placing parts in correct location • UK forest animals, sorting animals which live in the house from those which live in the forest with support	**Geography** • Recognising home/school/ key locations in my environment • Shops in the community • What shops sell.	**Geography** • Understanding the purpose of key environments **Science** • Parts of plants • Sorting fruit and veg.

My Creativity Music/Art/DT/Drama	• Water play • Sand play • Building blocks • Disco dough • Rhymes and actions • Collaging • Junk modelling • Printing • Explore texture through crayon rubbings • Sensory stories • Messy play • Songs about family • Role play different roles in family.		• Rhymes and actions to music • Role play • Printing • Junk modelling • Messy play • Collage • Rainbow art • Mixing colours • Collage with forest materials e.g. leaves, sticks, bark, soil to make a habitat for photo of an animal • Acting out scenes from well-known stories using puppets and props • Wooden musical instruments e.g, claves, agogo, maracas		• Water play • Sand play • Building blocks • Disco dough • Rhymes and actions to music • Expressing ourselves through music • Role play shopping / small world characters • Shop keeper/doctor/ dentist roleplays • Messy play • Junk modelling • Printing • Stamping vegetables into rows on a brown • background to plan a veg bed	
PSHE/RE/British Values	• Harvest festival • Food associated with different celebrations • Diwali • Christmas • Turn taking with sensory objects • Zones of regulation – expressing and managing feelings, emotions, facial expressions, sensory preferences, awareness and empathy towards others • Communicating own emotions • My family/friends/school relationships		• Zones of regulation – expressing and managing feelings, emotions, facial expressions. • Exploring the emotions of being scared and lonely through story characters (and what could the characters do to feel better (feelings and needs boards) • Chinese New Year • Pancake day/Ash Wednesday • Valentines Day • Mother's Day • Ramadan • Easter • St George's Day • Favourtie colours • Sharing family photos of activities outside of school		• Zones of Regulation – expressing and managing feelings, emotions, facial expressions. • What makes themselves and others special • Roles and responsibilities at school • Being co-operative with others – sharing games and joint attention, working as a team • Sharin fruit and vegetables during snack • Shavuot festival • Eid-Al-Adha (June) • Father's Day • International Friendship Day	
My Independence Self-help/Life Skills/Cooking/ Interventions	• Washing hands • Bags and coat • Sense of belonging **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy • Sensory room • Social skills • Circle time • Attention autism • Beat Babies POPs	• Toileting • Snack time • Dressing for PE • Accepting support around self-help personal care **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy • Sensory room	• Toileting • Snack time • Dressing for PE • Redcing support with routines. **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy • Sensory room • Social skills • Circle time • Attention autism	• Toileting • Snack time • Dressing for PE • Appropriate clothing for different activities • Developing independence around routines. **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy	• Toileting • Snack time • Dressing for PE • Sharing toys • Joint attention activites • Increasing independance **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy	• Toileting • Snack time • Dressing for PE • Being helpful • Being responsible • Manages own resources **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy

	• TACPAC	• Social skills • Circle time • Attention autism • Beat Babies POPs • TACPAC	• Beat Babies POPs • TACPAC	• Sensory room • Social skills • Circle time • Attention autism • Beat Babies POPs • TACPAC	• Sensory room • Social skills • Circle time • Attention autism • Beat Babies POPs • TACPAC	• Sensory room • Social skills • Circle time • Attention autism • Beat Babies POPs • TACPAC
Trips and visitors	Family members – meet my family	Father Christmas	Essex Fire Engine Visit or police officer visit	Beam Park Rangers to visit?	Visit from people who help us in the community – look on volunteer list	Visit the pond in school
Songs/Rhymes and Texts	The Family Book – by Todd Parr ● So Much - by Trish Cooke ● Children Around the World - by Donate Montar	• Jack and the Beanstalk • Three Little Pigs • Red Riding Hood	• Mouse Paint - by Ellen Stoll Walsh • The Light in the Night - by Marie Voigt	Owl Babies The Gruffalo Where the Wild Things Are My Little Forest (K Wiehle) Where's My Teddy (J Alborough) Down in the Forest Where Nobody Goes (adapted jungle song) Walking in the Forest (Super Simple Songs)	• Spot Goes Shopping - by Eric Hill • Shark in the Park – by Nick Sharratt • Let's Go Shopping - by Betty Moon	• Oliver's Vegetables - • by Vivian French • The Very Quiet • Cricket - by Eric Carle • Willbee the • Bumblebee - by Craig Smith