ARP Planning 2025 – 26 – Yearly Cycle Three Semi Formal Challengers and Formal Learners Planning

Topic	Autumn 1 My Family	Autumn 2 Stories and Rhymes	Spring 1 Colours and Light	Spring 2 The Forest	Summer 1 My Community	Summer 2 The Garden and Mini-Beasts
Cognition, Learning, communication and interaction (Literacy focus)	• Simple sentences • Colourful semantics • Reading • Language for thinking • Phonics/POPS • Describing words - Adjectives • Key concepts • Punctuation • Comprehension • Asking and responding to questions • Rhyming • Conjunctions • Captions for emotions • Character descriptions • Role play • Inference • Predictions		• Colourful semantics • Reading • Phonics • Language for thinking • Phonics/POPS • Describing words - Adjectives • Key concepts • Punctuation • Comprehension • Answering questions • Rhyming words • Conjunctions • Adverbs • Labelling pictures • Action words • Concepts light and dark • Filing in repetitive parts of a text • Describe story settings (forest) • Naming and describing forest animals		• Colourful semantics • Reading • Phonics • Language for thinking • Phonics/POPS • Describing words - Adjectives • Key concepts • Punctuation • Comprehension • Answering questions • Rhyming words • Conjunctions • Adverbs • Labelling pictures • Action words • Writing lists • Role play – people who help us	
Cognition, Learning, communication and interaction (Numeracy focus)	**Place Value/Number** • Numbers to 20 upwards • Ordering and comparing numbers • Addition • Subtraction **Time** • Days of the week **Data** • Coordinates	**Number** • Multiplication • Division Timestables 2,5,10,3,4 **Shape, Space and Data** • Naming 2D shapes • Sorting 2D shapes by various properties • Shape vocabulary • Pictograms **Measurement and Time** • Exploring length • Recognising o'clock **Number** • Multiplication • Division	**Number** • Instructions involving amounts • Addition and subtraction up to 100 • Repeating patterns • Recognising one more/one less **Shape, Space and Data** • Naming 3D shapes • Sorting 3D shapes by various properties • Shape vocabulary **Measurement** • Measuring using non-standard units • Weight estimation	**Number** • Number bonds • Number bonds to 10,20,50,100 • Sequencing numbers • Odd and even numbers • Multiplication • Division • Times tables – 3,6,4 and 8 in and out of order **Measurement and Time** • Telling time to the hour • Telling time to the half hour • Know that the long hand represents the minutes and the short hand	**Number** • Addition • Subtraction • One more/less • Times tables – 2,5,10,11,3,4, 6 and 8 in and out of order • Fractions – ½ and whole, ¼, ¾ **Measurement** • Measuring height and length and weight with standard and non-standard units of measure • Ordering three or more items according to length, size, weight	**Number** • Counting forwards and backwards • Repeating patterns • Multiplication • Division • Consolidation of all times tables learnt **Shape, Space and data** • Recap names and features, including vertices and curved lines, of 2D and 3D shapes • Sort 2D and 3D shapes according to their features

		• Timestables 2,5,10,3,4	• Weight using scales	represents the hour • Using next, before and after • Months of the year • Exploring capacity	• Use comparative language for measurement e.g. short/shorter/shortest, long/ longer/longest, tall/taller/tallest • Value of UK coins and ordering items in terms of price **Shape, Space and Data** • Using bar graphs to represent measurement data collected	including Venn diagrams for a challenge • Using positional language • Using pictograms and bar charts to plot seaside data. • Using money in role play to 'buy' items
Physical development	• Movement skills focusing on variations in speed • Coordinating a range of different movements • Negotiating space • Sensory Circuit • Swimming • Clever fingers • Handwriting/letter formation • Draw family portraits	• Movement skills – under, over, around, through • Action songs • Dance • Sensory Circuit • Swimming • Clever fingers • Push and pull • Handwriting • /letter formation • Yoga	• Balance and coordination – riding bikes/ trikes etc • Sensory Circuits • Swimming • Clever fingers • Threading • Kicking a ball. • Climbing stairs. • Handwriting/ • letter formation • Yoga	• Balance and coordination – climbing and balancing on equipment • Cause and effect • Using cutlery • Sensory circuit • Swimming • Clever fingers • Handwriting/ • letter formation • Yoga	• Coordinating a range of different movements • Sensory Circuits • Team games • Swimming • Clever fingers • Handwriting/ • letter formation • Yoga	• Athletic skills • Sports day activities • Sensory Circuits • Team games • Parachute games • Swimming • Clever fingers • Handwriting/ • letter formation • Yoga
My World Around Me – Science and Humanities (Geography/History)	**Geography –** • My heritage – find countries on world map • Make a flag **History** • Black History • Share pictures of family through the years **Science** • Learn about organs	**Geography** • Different homes we live in **History** • Remembrance Day **Science** • Life cycle of a bean • Plant beans • Materials – 3 Little Pigs	**Geography** • Looking at the different environments at home and school. **Science** • Night and Day • Light sources • Primary and secondary colour mixing	**Geography** • Weather • Forest conservation – recycling paper and cartons from home **Science** • Features of forest animals • Labelling parts of a tree • Looking at common trees in UK • The forest habitat	**Geography** • Draw information from a map • Names of roads/city etc we live in and school is in **History** • Looking at homes and schools from the past	**Geography** • Trip to telly tubby hill and looking at the features in a garden • Looking at photos of different gardens **Science** • Identifying garden minibeasts • Growing cress

My Creativity Music/Art/DT/Drama	• Water play • Sand play • Building blocks • Disco dough • Rhymes and actions • Collaging • Junk modelling • Printing • Songs about family • Role play different roles in family. • Portrait/collages using parts cut from magazines • Dancing and singing cultural songs from home		• Water play • Sand play • Building blocks • Disco dough • Rhymes and actions to music • Family Role play • Printing • Junk modelling • Rainbow art • Primary and secondary colours • Songs linked to mood/emotions • Shadow puppets		• Disco dough • Rhymes and actions to music • Expressing ourselves through music • Role play shopping / small world characters • Shop keeper/doctor/ dentist roleplays • Junk modelling • Printing • Sounds in the environment • Make musical chimes for garden • Make fat balls for birds • Flower painting – focus on Van Gogh	
PSHE/RE/British Values	• Harvest festival • Food associated with different celebrations • Diwali • Christmas • Turn taking with sensory objects • Zones of regulation – expressing and managing feelings, emotions, facial expressions, sensory preferences, awareness and empathy towards others • Communicating own emotions • My family/friends/school relationships		• Zones of regulation – expressing and managing feelings, emotions, facial expressions. • Exploring the emotions of being scared and lonely through story characters (and what could the characters do to feel better (feelings and needs boards) • Chinese New Year • Pancake day/Ash Wednesday • Valentines Day • Mother's Day • Ramadan • Easter • St George's Day • Favourtie colours • Sharing family photos of activities outside of school		• Zones of Regulation – expressing and managing feelings, emotions, facial expressions. • What makes themselves and others special • Roles and responsibilities at school • Being co-operative with others – sharing games and joint attention, working as a team • Sharing fruit and vegetables during snack • Shavuot festival • Eid-Al-Adha (June) • Father's Day • International Friendship Day	
My Independence Self-help/Life Skills/Cooking/ Interventions	• Washing hands • Bags and coat • Sense of belonging **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy • Sensory room • Social skills • Circle time • Attention autism • Beat Babies POPs	• Toileting • Snack time • Dressing for PE • Accepting support around self-help personal care **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy • Sensory room	• Toileting • Snack time • Dressing for PE • Reducing support with routines. **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy • Sensory room • Social skills • Circle time • Attention autism	• Toileting • Snack time • Dressing for PE • Appropriate clothing for different weather • Developing independence around routines. **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy	• Toileting • Snack time • Dressing for PE • Sharing toys • Joint attention activites • Increasing independance **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy	• Toileting • Snack time • Dressing for PE • Being helpful • Being responsible • Manages own resources **Food Therapy** • Recipes inspired by the half – term topic/different festivals **Interventions** • Lego therapy

	• TACPAC	• Social skills • Circle time • Attention autism • Beat Babies POPs • TACPAC	• Beat Babies POPs • TACPAC	• Sensory room • Social skills • Circle time • Attention autism • Beat Babies POPs • TACPAC	• Sensory room • Social skills • Circle time • Attention autism • Beat Babies POPs • TACPAC	• Sensory room • Social skills • Circle time • Attention autism • Beat Babies POPs • TACPAC
Trips and visitors	Family members – meet my family	Father Christmas	Essex Fire Engine Visit or police officer visit	Beam Park Rangers to visit?	Visit from people who help us in the community – look on volunteer list	Visit the pond in school Visit Telly Tubby Hill in school
Songs/Rhymes and Texts	The Family Book – by Todd Parr ● So Much - by Trish Cooke ● Children Around the World - by Donate Montar	• Jack and the Beanstalk • Three Little Pigs • Red Riding Hood	• Mouse Paint - by Ellen Stoll Walsh • The Light in the Night - by Marie Voigt	Owl Babies The Gruffalo Where the Wild Things Are My Little Forest (K Wiehle) Where's My Teddy (J Alborough) Down in the Forest Where Nobody Goes (adapted jungle song) Walking in the Forest (Super Simple Songs)	• Spot Goes Shopping - by Eric Hill • Shark in the Park – by Nick Sharratt • Let's Go Shopping - by Betty Moon	• Oliver's Vegetables - • by Vivian French • The Very Quiet • Cricket - by Eric Carle • Willbee the • Bumblebee - by Craig Smith